

2010 AMTA ILLINOIS CHAPTER STATE CONFERENCE & ANNUAL MEETING

April 23 – 25 | Westin, Itasca

This is a
**License
Renewal
Year**

**EARN CE's FOR YOUR
LICENSE, HERE!**



More than 12 different courses will be offered at an exceptional price. This is your opportunity to earn CE's for your license renewal!

Traditional Chinese Medicine 3 CE's; Heart of the Matter (working with joint proprioception) – Morning and Afternoon sessions 6 CE's; Lomi Lomi – Morning and Afternoon sessions 6 CE's; Aromatherapy 3 CE's; Sports Massage 3 CE's; TMJ 3 CE's; Ethics 3 CE's; Orthopedics (two different sessions) 3 CE's; Shiatsu (two different sessions) 3 CE's; Teacher Training 3 CE's; Panel Discussion on Alternative Paths in Massage Therapy 3 CE's; and Body Talk – Morning and afternoon sessions 6 CE's.

**LOTS OF PRIZES WILL BE
GIVEN AWAY INCLUDING
A FLAT SCREEN TV, and
MUCH MORE!**



**PRESIDENT'S MESSAGE**

You asked for it: We listened. Following last year's Conference and recommendations from members, your AMTA-IL Chapter Board has worked tirelessly to make your requests into reality. Here

are some requests and our response for the 2010 Spring Conference and Annual Meeting. Members asked for inexpensive CE Classes. We are offering up to 18 CE's, along with food, prizes, and dancing for less than most workshops charge for just the CE's. You told us times are hard, so how can we help you. We responded by lowering the price from the 2009 Conference (if you take advantage of the early-bird rate). We are also providing at no additional charge an opportunity to receive TAX GUIDANCE from an onsite CPA. You asked for the Host facility to be reasonably priced, and we responded with a 4 Star Hotel — The Westin Chicago-Northwest for only \$87 per room. Share the room and the price is very reasonable. You asked for a wide variety of topics to choose from. We scheduled more presenters with a greater variety of topics than ever before. The number of vendors will also be increased with a greater variety. You said you wanted to be able to register online. Now you can do that with Visa or MasterCard. So, make plans for a weekend of education, networking, fun and more at this year's AMTA-IL Chapter Spring Conference and Annual Meeting April 23-25. SEE YOU THERE!

Mike Hovi
AMTA-IL Chapter President

CONFERENCE HIGHLIGHTS

The 2010 State Conference and Annual Meeting of the American Massage Therapy Association-Illinois Chapter (AMTA-IL) will be held April 23-25 at The Westin Chicago Northwest, 400 Park Blvd, Itasca, IL 60143, Phone: 630.773.4000. This beautiful facility will provide the perfect venue in which to network with fellow massage therapists, earn many of the CE credits needed for this year's license renewal in one location for a great price, and gain new ideas to enhance your massage therapy business. Please join us for our Annual Welcome Reception and Dance Saturday, April 23, 2010. Enjoy cocktails and hors d'oeuvres followed by our keynote speaker Donald Warren, DDS. The evening will be capped off with music and dancing.

**Hear from accomplished Keynote Speaker – Donald Warren, DDS**

Dr. Warren will be speaking on the use of massage in the treatment of TMJ. His credentials include: *President, American Academy of Craniofacial Pain; Fellow, American Academy of Craniofacial Pain; Fellow, Academy of Clinical Sleep Disorders Dentistry; Diplomat, American Board of Craniofacial Pain; Diplomat, American Academy of Pain Management; Member, American Dental Association; Member, Academy of General Dentistry; Member, Arkansas State Dental Association; Member, The Cranial Academy; Member, Central Arkansas District Dental Society; Member, Environmental Dental Association; Member, International Association for Orthodontics; Member, American Orthodontic Society; Member, Association of Health Practitioners; Member, National Speakers Association; Past Member, Editorial Review Board of Complementary Medicine International; Appointed to the White House Commission on Complementary and Alternative Medicine Policy*

More than 12 different courses will be offered at an exceptional price. This is your opportunity to earn many of the CE credits needed for your license renewal!

Workshop to benefit the Massage Therapy Foundation Sponsored by the Kinesio® Taping Association and Performance Health Incorporated, the makers of Biofreeze® and Proassage®.

Meet with representatives from SCORE small business counselors. Get a consult with SCORE. SCORE counselors are successful executives and business owners who can help you on a wide variety of business issues like financing, marketing or start-up activities. They have volunteered their wisdom and experience to help you at no cost.

Receive tax guidance from an onsite Certified Public Accountant.

Opportunities to purchase products and equipment from industry vendors plus connect with non-industry vendors and see what's available to enhance your business!

Network with massage therapy professionals from all corners of Illinois.

C O U R S E S

Three Full-Day Sessions Offered (6 CE credits each): *Body Talk, Heart of the Matter, and Lomi Lomi*

Many Half-Day Sessions (3 CE credits each):
Traditional Chinese Medicine, Aromatherapy, Sports Massage, TMJ, Ethics, Orthopedics (two different sessions), Shiatsu (two different sessions), Teacher Training, and Panel Discussion: Alternative Paths in Massage Therapy

FRIDAY, APRIL 23**Elevate Your Practice Using Kinesio® Tex Tape, Biofreeze®, Prossage® and Massage to Enhance Therapeutic Effectiveness** Presented by:

Pete Pfannerstill, Ph.D., LMT, NCTMB, CKTI, Michael McGillicuddy, LMT, NCTMB, CKTI Workshop to benefit the Massage Therapy Foundation Sponsored by the Kinesio® Taping Association and Performance Health Incorporated, the makers of Biofreeze® and Prossage®. Separate registration required: \$50.00 - \$20.00 of the registration fee will be donated to the Massage Therapy Foundation for funding research on massage therapy.

The purpose of the Elevate Your Practice Presentation is to educate Massage Therapists about the use of Prossage®, Biofreeze® and Kinesio® Tex Taping. Attendee's will learn how to incorporate the products into protocols for Tennis Elbow, Cervical Strain/Sprain and Low Back Pain. The massage protocols will include the use of Prossage and Biofreeze and then the application of Kinesio® Tex Tape for each condition.

The massage therapists will learn the muscles for each area, massage techniques for the treatment and how and why to apply Kinesio® Tex Tape. The presentation is intended to give massage therapist new ways to expand their massage therapy practice.

SATURDAY, APRIL 24**The Heart of the Matter – Joint Proprioception** Full-Day Session: 8:00

AM-5:30 PM; Presented by *Chuck La Frano*. This workshop's focus is in on the relationships among proprioception, muscle tone, and connective tissue matrices. Topics covered include: understanding the anatomy of the joint, muscle and tendon proprioceptors, understanding the dynamic relationship between neural proprioception and muscle tone both static and dynamic. Mr. LaFrano will demonstrate using joint proprioception as a baseline in any massage technique. Participants are required to wear soft, loose fitting clothing, soft soled shoes or non-slippery socks.

Chuck La Frano was an instructor at WMTI from 1989-2009. Mr. La Frano headed the massage team for the Chicago Bears from 1991-1997 and Grothman Chiropractic from 1998-2004. Chuck and his wife opened La Frano Massage Dynamics a continuing education school in Naperville, IL.

Integrated Hawaiian Lomilomi "Healing With a Touch of Aloha" Full-Day

Session: 8:00 AM-5:30 PM; Presented by *Daniel Moore*. This class is designed to introduce participants to Integrated Hawaiian bodywork and spiritual healing. Participants will explore Hawaiian concepts for healing through cultural philosophy, protocol, and hands-on technique. Learn how to maximize your wellness facilitating abilities by effectively decompressing the mind, body, and spirit.

Daniel Moore is the founder of Inspired Wellness. He is a graduate of the SOMA Institute of Chicago and has received over 1000 hours of training in Hawaiian modalities for wellness. He has been given permission to teach from his Hawaiian teacher Kaipo Kaneakua and has been teaching continuing education courses in Integrated Hawaiian wellness since 2006.

Traditional Chinese Medicine Half-Day Session: 8:00 AM-11:30 AM;

Presented by *Steve Rogne*. Learn the philosophies and assessment models of Chinese Medicine, including Yin/Yang and Five Element theories. You will define and understand basic concepts like Qi (Energy), Jing (Physical Essence) and Shen (Consciousness), and how they contribute to the well-being of an individual.

Steve Rogne is the director of Zen Shiatsu Chicago, a school offering expert-level shiatsu training since 1988. He is an AOBTA Certified Instructor and Diplomat in Asian Bodywork Therapy.

Aromatherapy for a Healthy Massage Environment Half-Day Session:

8:00 AM-11:30 AM; Presented by *Vicki Rae Thorne*. This hands on course concentrates on the use of aromatherapy and essential oils to enhance the massage environment. Learn how to deepen the massage experience using aromatherapy and essential oils for relaxation, improved circulation, and general support of the immune system to create and maintain health for both your clients and yourself. This course will define the terms aromatherapy and essential oils. Participants

will also be able to identify reliable, quality suppliers of pure essential oils and the utilization of safe aromatherapy practices. Participants will be able to make a simple, safe product for relaxation, stimulating circulation or disinfecting the massage environment.

Vicki Rae Thorne is a Master Herbalist, Certified Aromatherapy Practitioner and Founder and President of Earth Heart Inc. Ms. Thorne has developed her own product line and consults and teaches continuing education classes.

Enhancing Stretch with Muscle Energy Techniques Half-Day Session:

8:00 AM-11:30 AM; Presented by *Earl Conner*. This course will be hands on techniques practiced in partners at the massage tables. This course introduces in lecture style the principles of passive stretch, the anatomy/physiology of contract/relax technique and reciprocal inhibition technique. The student will learn how to apply variations of both MET techniques for the legs, pectoral, and neck/shoulder region. This course will demonstrate how MET techniques can improve ROM and decrease muscle tension.

Earl Conner has 22 years as lead instructor for Chicago School of Massage Therapy, now Cortiva Institute and has provided continuing education courses around the country in clinical and myofascial therapies. Earl is known for his innovative, provocative and fun learning styles.

Massaging the Athlete: A Kinematic Approach to Sports Therapy

Half-Day Session: 2:00 PM-5:30 PM; Presented by *Michael Jones*. Sports therapy is one of the most popular specializations in massage today. Therapists must understand how athletic motions stress the body in order to begin providing effective somatic relief from sports-related issues. These courses will introduce a fresh, evidence-based, manual approach to working with the pectoral and pelvic girdles of athletes. Participants should wear loose clothing (shorts & tank top/ sports bra/shoes), provide massage tables & equipment (including cleanser), two towels for bolstering, and only single sheet (if student prefers).

Michael Jones is a clinical & sports massage therapist, AMTA member (since 1999), and is a veteran educator (the Soma Institute, AthleticoU, University of Illinois at Chicago) from Chicago, IL.

Utilizing Massage Techniques in Dentistry and TMD Half-Day Session:

2:00 PM-5:30 PM; Presented by *Donald W. Warren, DDS*. This course will describe the importance of massage for the mercury-amalgam removal patient. It will cover massage techniques used for the patient with TMD and/or craniofacial pain. This is a complimentary approach to pain management. Participants will learn: Why massage is needed with mercury-amalgam removal; numerous extra- and intra-oral massage techniques; and the importance of networking with a dentist.

Donald W. Warren, DDS, has practiced general dentistry in Clinton, Arkansas since 1975. He received a BA from Hendrix College and a DDS degree from the University Tennessee College of Dentistry. After receiving his DDS, Dr. Warren instructed crown and bridge techniques and clinical applications at U.T. Dental School. He is a Diplomate of the American Board of Craniofacial Pain, Fellow of the American Academy of Craniofacial Pain, Diplomate of the American Academy of Pain Management and Fellow of the Academy of Clinical Sleep Disorders Dentistry. Additionally, Dr. Warren was appointed by President Clinton to serve on the White House Commission on Complementary and Alternative Medicine Policy for two years.

Ethics, Power and Heart Half-Day Session 2:00 PM-5:30 PM; Presented by

Kathy Ginn. This class will guide each participant to a deeper connection with one's personal relationship and history around power. Together they will explore how to "dance" with grace and integrity within the dynamics of the power differential. Weaving ethics, power and heart is one of the most profound challenges we face in our professional lives today. This course is experiential, interactive, and self reflective.

Kathy Ginn has been active in the field of massage therapy and bodywork since 1991. Kathy has completed advanced training in the Hakomi method of body-centered experiential therapy. She has been teaching ethics both locally and nationally since 1999, and is an approved provider with NCBTMB.

SUNDAY, APRIL 25

BodyTalk Access Full-Day Session 8:00 AM-4:30 PM; Presented by Ben Manalo. Comprised of a structured routine of five simple energy-based techniques, BodyTalk Access is a Consciousness-based health care system designed to help unravel the physical, psychological, emotional & energetic patterns which keep people in a cycle of stress, pain, and dis-ease. Learn more at www.BodyTalkAccess.com.

Ben Manalo is an Advanced BodyTalk Instructor & Practitioner and Licensed Massage Therapist. His passion & enthusiasm for BodyTalk combined with over a dozen years of teaching experience make his BodyTalk classes an entertaining and thought-provoking mix of lecture, discussion and hands-on learning.

Assessment & Treatment of Common Knee Injuries Half-Day Session 8:00 AM- 11:30 AM; Presented by Lois Orth-Zitoli. This workshop presents an orthopedic massage-based approach to knee pain. In addition to covering all the essential principles of pain and injury, the training provides instruction in anatomy, assessment tests, treatment techniques, and client home exercises for the most commonly injured structures in the knee: the patella tendon mechanism and the medial and lateral collateral ligaments.

Lois Orth-Zitoli is an experienced massage therapist who has been certified by Dr. Ben Benjamin to teach Soft Tissue Injury Assessment and Treatment. Owner of Full Circle Health, Inc. in Chicago, IL. Lois is an orthopedic massage therapist as well as a holistic health and nutrition counselor.

Shiatsu Practice: Upper Body Half-Day Session 8:00 AM-11:30 AM; Presented by Steve Rogne. This class presents a selection of basic techniques and provides a Five Element theoretical framework which will help you choose ideal techniques for a given client. Practice the full routine or select techniques to incorporate into your own massage sessions. Learn effective shiatsu techniques that you can put to use immediately.

Steve Rogne is the director of Zen Shiatsu Chicago, a school offering expert-level shiatsu training since 1988. He is an AOBTA Certified Instructor and Diplomat in Asian Bodywork Therapy.

Alternative Paths in Massage Therapy - Panel Discussion Half-Day Session 8:00 AM -11:30 AM; Presented by Kelly Fowler and Celia Bucci. There's more to massage therapy than massage. Explore alternative career options in massage therapy with a panel of experts from a variety of massage-related backgrounds. Audience members are invited to ask questions and participate in the lively discussion.

Kelly Fowler has been a clinical massage therapist with experience in diverse medical fields such as chiropractic, physical therapy and pain management since 2001. In addition to co-owning her own business in Joliet, IL, Kelly has spent the last eight years as an instructor at The Soma Institute in Chicago. In 2002, she received Soma's "Teacher of the Year" Award. Kelly also enjoys serving the massage community, both locally and nationally, in her capacity as volunteer for the AMTA's Education Committees.

Celia Bucci is the author of the forthcoming text, "Condition Specific Massage Therapy (LWW)," and a freelance consultant and reviewer for publishers of massage therapy books. She is Secretary of AMTA-IL, and editor of "Keeping in Touch." Celia graduated from The Soma Institute in 2002, and runs a private practice treating clients with chronic pain conditions.

Ethics, Power and Heart Half-Day Session 8:00 AM-11:30 AM; Presented by Kathy Ginn. This class will guide each participant to a deeper connection with one's personal relationship and history around power. Together they will explore how to "dance" with grace and integrity within the dynamics of the power differential. Weaving ethics, power and heart is one of the most profound challenges we face in our professional lives today. This course is experiential, interactive, and self reflective.

Kathy Ginn has been active in the field of massage therapy and bodywork since 1991. Kathy has completed advanced training in the Hakomi method of body-centered experiential therapy. She has been teaching ethics both locally and nationally since 1999, and is an approved provider with NCBTMB.

Shiatsu Practice: Lower Body Half-Day Session 1:00 PM-4:30 PM; Presented by Steve Rogne. This class presents a selection of basic techniques and provides a Five Element theoretical framework which will help you choose ideal techniques for a given client. Practice the full routine or select techniques to incorporate into your own massage sessions. Learn effective shiatsu techniques that you can put to use immediately.

Steve Rogne is the director of Zen Shiatsu Chicago, a school offering expert-level shiatsu training since 1988. He is an AOBTA Certified Instructor and Diplomat in Asian Bodywork Therapy.

Common Injuries of the Shoulder Half-Day Session 1:00 PM-4:30 PM; Presented by Lois Orth-Zitoli. Common injuries workshops were designed by Dr Ben Benjamin to help bodyworkers assess and treat specific injuries that challenge and frustrate most therapists. In addition to covering all the essential principles of pain and injury, the training provides instruction in anatomy, assessment tests, treatment techniques, client home exercises for a common shoulder complaint: subscapularis tendon injury.

Lois Orth-Zitoli, Mary Beth Hughes-Lacy, and Gretchen Klein are experienced massage therapists who have been certified by Dr. Ben Benjamin to teach Soft Tissue Injury Assessment and Treatment (Orthopedic Massage Therapy). Under Dr. Benjamin's direct supervision, they have developed a dynamic team approach to presenting the Advanced Training Workshops, which employs a variety of teaching/learning styles designed to meet the needs of each student. Their collaborative teaching provides a fresh and stimulating learning environment and ample one-to-one hands-on guidance.

Owner of Full Circle Health, Inc. in Chicago, Lois Orth-Zitoli is an orthopedic massage therapist as well as a holistic health and nutrition counselor. Marybeth Lacy operates Therapeutic Massage Center, with offices in Chicago and Northbrook, specializing in orthopedic massage, active isolated stretching, self-regulation therapy and reconnection healing. Gretchen Klein lives and works in Champaign, Illinois and is a certified practitioner of Pfrimmer Deep Muscle Therapy as well as orthopedic massage.

Teacher Tips Half-Day Session 1:00 PM-4:30 PM; Presented by Mike Hovi. This class is designed to help the future teacher, the new teacher and the seasoned educator with the tools to better prepare, present and assure the educational material is comprehended by today's massage therapy students. This course is broken down into 3 parts: Part 1, preparing for class, emphasis geared toward the lecture component of a massage therapy class, Part 2, will focus on a combination of analogies the teacher can use to help students grasp difficult concepts, then by using the same analogies to educate their clients and Part 3 will be open discussion.

Mike Hovi has been a teacher for over 20 years. Mike taught and coached at the high school level for 12 years before leaving education for massage therapy. Mike completed his Massage training at the Chicago School of Massage Therapy in early 1992. Mike is now a core instructor and Program Director at Soma. Additionally, he is an approved preferred provider of continuing education through NCBTMB, and teaches workshops around the State.

An Introduction to Pregnancy Massage Half-Day Session 1:00 PM-4:30 PM; Presented by Liz Ellis. This 3 hour class is designed to provide the basic information about contraindications and positioning a therapist needs to safely provide a healthy pregnant woman with no medical complications a relaxing Swedish massage. The class will combine some lecture and demo with discussion of the material.

Liz Ellis has been massaging pregnant, laboring and postpartum women for 18 years. She is a trained birth doula, and a primary instructor teaching the 32 hour certification course called "pre and perinatal massage" for Carole Osborne's Body Therapy Associates.

REGISTRATION

Register Early!

Classes are assigned on a first-come, first-serve basis. We expect classes to sell out so please register today. Expedite your registration by using our online registration system at <http://amtail-conference.technologybridge.com>. If your first choice of a class is not available, you will be assigned your next available choice. Registration must be completed online or post-marked by **April 19, 2010** to receive a registration confirmation. After this date, registrations will be accepted onsite only. *Do Not Send Registrations to the Chapter Office AFTER April 19.*

1. CONTACT INFORMATION - PLEASE PRINT

Fax completed registration form to 847.885.8393 or submit by mail to AMTA-IL 1901 N. Roselle Road, Suite 920, Schaumburg, IL 60195

Name _____
 AMTA Member ID _____ IL Massage Therapy License No. _____
 Address _____
 City _____ State _____ Zip _____
 Office Phone _____ Email _____
 Name for Badge (if different from above) _____
 Emergency contact (for use only while you are on-site at this meeting):
 Name _____ Phone _____

2. CONFERENCE REGISTRATION FEES

Full Conference Registration includes AM and PM breaks both days, Member Lunch (all attendees are welcome), Saturday Welcome Reception, Sunday lunch, continuing education and exhibit hall entrance. All other meals and functions are the responsibility of the registrant. There is a separate registration fee of \$50.00 for the Elevate Your Practice Using Kinesio® Tex Tape, Biofreeze®, Prossage® and Massage to Enhance Therapeutic Effectiveness session, with \$20.00 of the fee being donated to the Massage Foundation for funding research on massage therapy.

	PROFESSIONAL	STUDENT	NON-MEMBER	FEES PAID
Friday, April 23^d	\$50.00	\$50.00	\$50.00	\$ _____
2-day Early Bird Rate (by 3-31)	\$215.00	\$195.00	\$275.00	\$ _____
2-day Regular Rate (after 3-31)	\$245.00	\$225.00	\$315.00	\$ _____
1-day Saturday, April 24th (by 3-31)	\$125.00	\$105.00	\$150.00	\$ _____
1-day Saturday, April 24th (after 3-31)	\$145.00	\$120.00	\$175.00	\$ _____
1-day Sunday, April 25th (by 3-31)	\$125.00	\$105.00	\$150.00	\$ _____
1-day Sunday, April 25th (after 3-31)	\$145.00	\$120.00	\$175.00	\$ _____
			TOTAL:	\$

3. METHOD of PAYMENT

Enclosed is my check payable to American Massage Therapy Association Illinois Chapter in the amount of \$ _____
 Please charge my credit card in the amount of \$ _____
 Credit Card (select one, please): Visa MasterCard
 Card Number: _____ Expiration Date: _____
 Cardholder (name as it appears on card): _____ Security Code: _____
 Billing Address for this credit card: _____
 Cardholder's signature: _____

REGISTRATION

Education Selections

Please indicate the courses you wish to attend. When classes are offered at the same time, circle your top choices in order of preference. (1 = first choice, 4 = last choice).

Friday, April 23 9:00 PM - 5:00 PM *(Lunch on your own)*

- 1 Elevate Your Practice Using Kinesio® Tex Tape, Biofreeze®, Prossage® and Massage to Enhance Therapeutic Effectiveness - Pfannerstill and McGillicuddy (6 CE Hours)

Saturday, April 24 (Full Day Session) 8:00 AM - 5:30 PM *(If you choose this course, do not select any other sessions for Saturday.)*

- 1 2 The Heart of the Matter – Joint Proprioception - La Frano (6 CE Hours)
- 1 2 Integrated Hawaiian Lomilomi "Healing With a Touch of Aloha" - Moore (6 CE Hours)

Saturday, April 24 (Morning Sessions) 8:00 AM - 11:30 AM

- 1 2 3 Traditional Chinese Medicine - Rogne (3 CE Hours)
- 1 2 3 Aromatherapy for a Healthy Massage Environment - Thorne (3 CE Hours)
- 1 2 3 Enhancing Stretch with Muscle Energy Techniques - Conner (3 CE Hours)

Saturday, April 24 (Afternoon Sessions) 2:00 PM - 5:30 PM

- 1 2 3 Massaging the Athlete: A Kinematic Approach to Sports Therapy - Jones (3 CE Hours)
- 1 2 3 Utilizing Massage Techniques in Dentistry and TMD - Warren (3 CE Hours)
- 1 2 3 Ethics, Power and Heart - Ginn (3 CE Hours)

Sunday, April 25 (Full Day Session) 8:00 AM - 4:30 PM *(If you choose this course, do not select any other sessions for Sunday.)*

- 1 BodyTalk Access - Manalo (6 CE Hours)

Sunday, April 25 (Morning Sessions) 8:00 AM - 11:30 AM

- 1 2 3 4 Assessment & Treatment of Common Knee Injuries - Orth-Zitoli (3 CE Hours)
- 1 2 3 4 Shiatsu Practice: Upper Body - Rogne (3 CE Hours)
- 1 2 3 4 Alternative Paths in Massage Therapy - Panel Discussion - Fowler /Bucci (3 CE Hours)
- 1 2 3 4 Ethics, Power and Heart - Ginn (3 CE Hours)

Sunday, April 25 (Afternoon Sessions) 1:00 PM - 4:30 PM

- 1 2 3 4 Shiatsu Practice: Lower Body - Rogne (3 CE Hours)
- 1 2 3 4 Common Injuries of the Shoulder - Orth-Zitoli (3 CE Hours)
- 1 2 3 4 Teacher Tips - Hovi (3 CE Hours)
- 1 2 3 4 An Introduction to Pregnancy Massage - Ellis (3 CE Hours)

Registration Confirmation

If you register by Monday, April 19, 2010, you will receive a registration confirmation in the mail prior to the meeting. If you have any questions, please contact the AMTA-IL Chapter at 847.885.7400.

Education Programs Waiver

AMTA-IL and the massage instructor(s) have taken precautions to provide a safe environment; however, it is impossible to guarantee absolute safety. Successful completion of each AMTA-IL course does not assume proficiency in a modality or business practice. Massage therapists have the responsibility for ensuring client safety by conducting a thorough intake, devising a treatment plan, working within their scope of practice and adhering to the AMTA Code of Ethics and Standard of Practice. Massage therapists are advised to practice the techniques prior to utilizing them in a clinical setting.

I assume the responsibility for safety by complying with the instructors or staff's directions and by disclosing any contraindications to receiving a massage in class. I agree to release AMTA-IL and my class instructor from all liability and responsibility for any injury, loss or damage suffered by me, my property or my clients as a result of knowledge that I have received from this course.

Additionally, by signing this form I agree to give AMTA-IL permission to use my photograph in future communications and/or marketing materials should my photograph be taken at the AMTA-IL 2010 State Conference and Annual Meeting.

- Yes, I am in agreement with the above statements.

Check all Appropriate

- Professional Member
- Student Member
- Non-Member
- First-time Attendee
- Officer/Delegate (present or past)
- Conference Volunteer

Privacy

- If you do not want your information released to exhibitors, please check this box.

ADA Assistance

- Please have an AMTA-IL representative contact me regarding assistive technology services at the conference.

Dietary Restrictions

- Vegetarian
- Non-Vegetarian

Referral

How did you hear about this conference:

- Mailing
- Email
- Friend/School
- Website
- Other _____

Attendance

Is this your first AMTA-IL Conference?

- Yes No
- If so, please indicate if you would like to have a conference "buddy" that will assist you throughout the conference with questions and introductions?

Office Use Only:

Date Received _____

Confirmation Sent _____

CC

Check # _____

Amount _____

V/M _____

WAYS TO REGISTER

- **Online:** at <http://amtail-conference.technologybridge.com>. Please have your VISA or MasterCard handy when registering online.
- **By Mail:** Send completed form with payment (*check/credit card*) to: AMTA-IL, 1901 N. Roselle Road, Suite 920, Schaumburg, IL 60195
- **By Fax:** Fax completed form (*credit card payment only*) to AMTA-IL at 847.885.8393
- **By Phone:** Call AMTA-IL at 847.885.0674. Please have your VISA or MasterCard handy when calling.

ACCEPTABLE FORMS OF PAYMENT

- **Checks** are acceptable when registration is submitted by mail or completed onsite at the conference. Checks must be payable to AMTA-IL, in US dollars and drawn on a US bank.
- **Credit Cards** may be used for registrations that are mailed, faxed, phoned in, or completed onsite at the conference. AMTA-IL accepts VISA and MasterCard only. AMTA-IL reserves the right to charge the correct tuition amount if different from your calculated total.

CONTINUING EDUCATION CREDITS

The American Massage Therapy Association-IL Chapter (AMTA-IL) is an NCBTMB approved provider (#450137-06) of continuing education hours for meeting Illinois license*, NCBTMB certification and AMTA membership renewal requirements.

**CE hours must be earned during the specific renewal period in order for them to be applicable to the fulfillment of the continuing education requirement of that period. Up to 18 hours of continuing education is available at the AMTA-IL 2010 State Conference & Annual Meeting.*

SAVINGS AND DISCOUNTS

NOT AN AMTA MEMBER? Conference discounts are one of the many benefits AMTA members enjoy. If you are not an AMTA member, and you submit a completed membership application (*with processing fee*) along with your conference registration, you will receive the AMTA-IL member rate. To request your AMTA membership application, please call us at 847.885.0674, or send an e-mail to info@amta-il.org.

CANCELLATION POLICIES

- All cancellations must be made in writing and submitted to AMTA-IL. An administrative fee of \$50 is assessed on all cancellations postmarked/date stamped on or before April 9, 2010. A \$75 administrative fee is assessed on cancellations postmarked/date stamped after April 9, 2010 and before April 23, 2010. Cancellations postmarked/date stamped the day of the event

and no-shows are not eligible for a refund. All cancellations must be submitted in writing to: AMTA-IL, 1901 N. Roselle Road, Suite 920 Schaumburg, IL 60195

- The Westin Chicago Northwest requires notification 48 hours in advance of scheduled arrival to cancel guest room reservations without penalty.

WHAT TO BRING AND WEAR

Bring tables, sheets and lotion for hands-on classes. Layered clothing is recommended for possible inclement weather and cool meeting rooms. Speakers may have additional specifications regarding what to wear (*see specific clothing requirements in the session description in this brochure*).

WELCOME RECEPTION AND DANCE

Saturday, April 23, 2010 is our annual Welcome Reception and Dance. Enjoy cocktails and hors d'oeuvres followed by our keynote speaker Donald Warren, DDS, and end your evening with music and dancing.

HOTEL ACCOMODATIONS

The Westin Chicago Northwest

400 Park Blvd., Itasca, IL 60143

Reservations: call 888.627.8510 or 630.773.4000

AMTA-IL Rate: \$87.00 (*single/double occupancy plus tax*) **Act quickly!**

Rooms at the AMTA-IL rate are available on a first-come, first-served basis until our block is sold out or **Wednesday, March 24, 2010**, whichever happens first! You must make reservations directly with the Hotel and identify yourself as an AMTA-IL Conference attendee to receive the special group rate.

EXHIBIT HOURS

Educational and commercial exhibits will be available during the conference, and representatives will be on hand to answer your questions.

- Saturday, April 24th 9:30 AM – 7:00 PM
- Sunday, April 25th 9:30 AM – 4:30 PM

ADDITIONAL INFORMATION/ASSISTANCE

AMTA-IL Chapter Office

Phone: 847.885.0674

Fax: 847.885.8393

E-mail: infor@amta-il.org

Address: 1901 North Roselle Road
Suite 920
Schaumburg, IL 60195



2010 AMTA ILLINOIS CHAPTER STATE CONFERENCE & ANNUAL MEETING

April 23 – 25 | Westin, Itasca



Register today!

Make plans now to join us for three days of world-class learning and take advantage of this excellent venue plus all of the city's wonderful attractions.

Join us for the fun! Get a chance to win valuable prizes! Experience the fellowship and camaraderie of others who share your interest in massage therapy.

AMERICAN MASSAGE THERAPY ASSOCIATION – ILLINOIS CHAPTER
1901 North Roselle Road, Suite 920, Schaumburg, IL 60195

Phone: 847.885.0674
Fax: 847.885.8393
E-mail: info@amta-il.org

More than 12 different courses offered at an exceptional price. . .

Three Full-Day Sessions (6 CE credits each):
Body Talk, Heart of the Matter, and Lomi Lomi

Many Half-Day Sessions (3 CE credits each):
Traditional Chinese Medicine, Aromatherapy, Sports Massage, TMJ, Ethics, Orthopedics (two different sessions), Shiatsu (two different sessions), Teacher Training, and Panel Discussion: Alternative Paths in Massage Therapy

Win valuable prizes! Have a great time and network with others that share your interest in massage therapy.



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